

Appetizers

- Bacon Wrapped Scallops** 2.0 Kg. Wrapped in a piece of premium bacon. IQF
- BBQ Chicken Wings** 2.2 Kg. 12-14 servings. Great taste! Pre-cooked, heat and serve! IQF
- Black Bean & Cheese Quesadillas** 2.5 Kg. 50 Svgs. Light tortilla filled with black beans, Monterey jack cheese; rice; jalapeno peppers; onions; cilantro. Individually quick frozen. IQF
- Breaded Calamari Rings** 1.3 Kg. Approx. 10-12 servings. IQF
- Chicken Spring Rolls** 2.8 Kg. 40 Svgs. Light flour wrap stuffed with cabbage, chicken, water chestnuts, carrots, peas, onions, Chinese vermicelli, black pepper, sesame oil & Spices. IQF
- Cooked Salad Shrimp** 2.27 Kg. Approx. 25 servings. IQF
- Crab Cocktail Claws** 2.27 Kg. Approx. 25 servings. IQF
- Cranberry & Brie Gourmet Appetizers** 1.1 Kg. 60 pieces per box. Phyllo Pastry Appetizers. IQF
- Dry Garlic Ribs** 2.27 Kg. Pork Tenders breaded and marinated in garlic. IQF
- Fruit Strudel** 2.5 Kg. 30 Svgs. Puff Pastry - Apples & Peaches with Cream Cheese. Other flavors avail. IQF
- Ginger Chicken Appetizers** 2.2 Kg. 12-15 servings. Breaded chicken tenders. Comes with very tasty ginger sauce for dipping or stir-fry! Very tasty! IQF
- Gourmet Chicken Appetizers** 72 Svgs. Premium chicken breast pieces in phyllo pastry. Three flavors in unique shapes, Mediterranean, Porto Bello, Curry. IQF
- Gourmet Seafood Appetizers** 72 Svgs. Three kinds of seafood: lobster, shrimp, crab. Each is in its own unique shaped phyllo pastry. IQF
- Gourmet Vegetarian Appetizers** 72 Svgs. Three flavors, each in a unique shaped phyllo pastry. Mushroom & Leek. Spinach & Cheese Dill. Asparagus & Cheese. IQF
- Herb & Garlic Butterflied Colossal Shrimp** 1.8 Kg. Approx. 25-30 servings. Huge butterfly shrimp seasoned with herb and garlic. Cook shell down for 10 min on the BBQ or in the oven. Very meaty, incredible taste! Great for entertaining. IQF
- Honey Garlic Chicken Wings** 2.2 Kg. 12-14 servings. Pre-cooked, heat and serve! IQF
- Italian Meatballs** 2.0 Kg. Approx. 20 servings. Premium beef meatballs seasoned with garlic and spices. Pre-cooked. Ready to heat and serve. IQF
- Mini Chicken Wellington** 1.85Kg. 50 Svgs. Light pastry filled with chicken breast pieces; mushrooms, shallots, onion. IQF
- Mini Quiches** 2.0 Kg. 80 Svgs. Four kinds of quiche in a light pastry: Lorraine; Vegetable; Swiss onion & Spinach. IQF
- Oven Ready Sausage Rolls** 1.7Kg. 40 Svgs. Mix of pork, beef, soy, and spices inside a light, fluffy pastry. IQF
- Pizza Crepes** 3.6 Kg. 50 Servings of Pizza Dough stuffed with Pepperoni, Mozzarella Cheese tomato Sauce an spices - a satisfying snack for kids of all ages! IQF
- Scallops - Digby** 2.2 Kg. 12-15 Svgs. Giant Atlantic scallops from Digby Nova Scotia. IQF
- Scampi Tails** 2.27 Kg. Icelandic Lobster tails - fully cooked. IQF
- Smoked Salmon Cream Puffs** 1.4 Kg. 75 Svgs. Smoked salmon cream cheese; onions; and capers inside a light, bite sized puff pastry. IQF
- Snow Crab Cakes** 16 Svgs. 70% Snow Crab - 25 mins in oven - very rich! VS
- Spanakopitas** 100 Svgs. Delectable bite sized Mediterranean treats. A delightful combination of fresh garden spinach, traditional feta cheese, onions, garlic, and savory spices wrapped in a light flaky phyllo pastry. IQF
- Vegetable Spring Rolls** 2.8 Kg. 40 Svgs. Light flour wrap stuffed with green beans, cabbage, carrots, water chestnuts, peas, corn, onions, Chinese vermicelli, black pepper. IQF
- Wonton Wrapped Shrimp** 1.1 Kg. 96 Servings - Precooked Tiger Prawn wrapped in Wonton Pastry pieces - can be Baked or Deep Fried! IQF
- Zesty Shrimp Appetizers** 1.55 Kg. 60 Servings - Shrimp mixed with ginger in filo pastry IQF

Dean Bakewell - Gourmet Express

Toll Free: 1-877-832-6565 250-832-4726 www.deansgourmet.ca

**PLEASE EMAIL OR CALL FOR
PRICING ON SPECIFIC ITEMS**